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The AGM for 2014 is booked for 18th May at Bearley to coincide with the 40th birthday of the Estrela in UK.
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Club News in Brief

Please remember to send in any photos or any articles!
Hoping for a good day for AGM and Funday (18th May) and a chance to organise our annual or two Picnics for 2014.
On the Rescue Front Kira , who was featured on the front page of the last newsletter has been found a home and it is hopeful that Kimber will join her shortly.

Thanks to all those who helped in the Rescue and Rehoming of these Estrelas

Remember your club subscriptions for 2014 are due now if you've not already paid

Thanks to those who have sent things in for inclusion in this newsletter. I should be very grateful if you have any contributions to email them to me at sandradmateus@hotmail.com.

Secretary's Report

This is a very special year for me as it is 40 years since I first encountered our wonderful breed. Who could have believed that I would still be involved all this time later. To say they take your heart and own your soul is an understatement and I give thanks that I actually read the little bit written in Dog World's Rare Breed column. They have been a joy, heartbreak, laughs and tears but always wonderful and I am very honoured to have shared my life with them. Quin and Menna are my world and follow a long line of wonderful dogs and at the end of the day you live with them 24/7 and shows only take a tiny fraction of that. I have been lucky enough to make the most wonderful friends at home and abroad due to the breed who will always be important in our lives. All I can say is "thank you Cão da Serra da Estrela" for enriching my life for all these years.

The Club moves on and is getting stronger with time due to our very special members. This club is quite unusual in having such active members and we are very grateful to you all. Membership is good, and this year's events are being planned. The AGM will be a special day as it will be the breeds 40th birthday party. We are very lucky that our Portuguese members have offered to put on a Portuguese style B-B-Q plus other buffet style food. I am very much looking forward to this as I love B-B-Q food and Portuguese food so I am happy.

Our rescues are nearly sorted. We have saved a young male from the Pound on the day he was due to be PTS and he is now happily settled with a great mum & dad. The two girls are hopefully settling, Kira, the older girl is now in her new home and Kimba will be close enough to visit early next week so we hope that if all goes well she will be back living with Kira very soon. The 24 dogs in Portugal are slowly going to homes but there is a long way to go but the money that was donated is now on its way to them.

We are very grateful to you all for caring so much about the breed and I am sure that there will be plenty of needy dogs in the future to help. Here's to the breed growing and staying so special in the years to come.

HAPPY BIRTHDAY TO THE UK'S ESTRELAS

Some Sound Advice

<http://www.lolathepitty.com/my-dog-bit-my-child/>

The Don'ts

How Kids SHOULD NOT Interact with Dogs

It's common sense. Just imagine how people should interact with each other.

Avoid taking people's food



Avoid bothering dogs when they are eating



Avoid stealing other people's toys



Avoid taking a dog's bones or toys



Avoid putting your face right up to someone else's face



Avoid putting your face right up to a dog's face



Avoid bothering when asleep



Avoid bothering animals when they are resting. Let sleeping dogs lie.



Avoid pestering



Avoid grabbing tail/ears



Avoid climbing on or trampling



Avoid climbing on or trampling



Avoid pinching



Avoid hugging. Most dogs dislike it.



Avoid screaming around



Avoid hollering and shouting. Use your "inside" voice instead.



Dr. Sophia Yin, DVM, MS
The Art and Science of Animal Behavior

For additional free dog bite prevention resources and more dog behavior books and products, visit www.drSophiaYin.com.



The Do's

How Kids SHOULD Interact with Dogs

Use common sense.

Be polite and kind to pets



Learn to recognize when your dog is scared or anxious



Play appropriate games with pets, such as:

Fetch



Training tricks (like roll over, shake, beg, etc.)

ROLL OVER



Walking and running with a dog



Playing hide-n-seek

SMIFF SMIFF



Always remember:

Supervise all interactions. Accidents can happen in a split second.



Train your dog to associate the kids with positive experiences so he'll be more likely to tolerate your child in case she accidentally interacts inappropriately.

TREAT!



Dr. Sophia Yin, DVM, MS
The Art and Science of Animal Behavior

For additional free dog bite prevention resources and more dog behavior books and products, visit www.drSophiaYin.com.



Crufts 2014

Main Results

Best Of Breed	INT/IR CH HAIA DA CASA DE LOAS EM BAMCWT (IMP PORT) AN CH '13	Bitch	Owner: MISS L J & MRS S A BERMINGHAM & KENDRICK
Best Dog	TUGA DAS TERRAS D'CISTER	Dog	Owner: MR L RAMOS
Reserve Best Dog	IR/INT CH ASTEREL SABUGEIRO OF BAMCWT EJW11	Dog	Owner: MISS L J & MRS S A BERMINGHAM & KENDRICK
Best Bitch	INT/IR CH HAIA DA CASA DE LOAS EM BAMCWT (IMP PORT) AN CH '13	Bitch	Owner: MISS L J & MRS S A BERMINGHAM & KENDRICK
Reserve Best Bitch	ESTRELA E TERRAS D'CISTER	Bitch	Owner: MR L RAMOS

Full details can be on this link on the web.

<http://crufts.fossedata.co.uk/Breed.asp?ShowYear=2014&GroupID=PAS&ScheduleID=38>

Crufts 2014

Photos from the Working and Pastoral Day Thursday 6th March 2014



Waiting for the moment –
Tuga And Estrela.e das Terras D'Cister

Estrela .e



Tuga



Winners!



Thanks to Luis Ramos Jnr Amy Kinsey
and Jacqueline Classens who kindly
agreed to let us share these photos

Crufts 2014



Best Dog
Tuga Das Terras D' Cister
and Asterel Sabugeiro of
Bamcwt



Best Bitch
Finalists



Best of Breed Winner
HAIA DA CASA DE LOAS
EM BAMCWT (IMP PORT)

Crufts 2014

Veteran Bitch

DUTCH/BEL/DK/INT CH KARABAS LIKANDÉ LAMENNA LETTA
AT STURTMOOR SHCM (IMP NL) (*MRS M M DOVEY*)



Special Junior Bitch

SACERDOTISA DAS TERRAS D'CISTER OF DRIMBEA (IMP PRT)
(*MS N MARSHALL*)



Crufts 2014



Essenelle Utter Nutter
Owned by Daniel Godderidge



Milagre Bring Me Sunshine (Preston) owned by Louise Nagle



Sacerdotisa
Das Terras
D'Cister
Owned by
Nichola
Marshall
Handled By
Sarah
McWade

Crufts 2014

Club Members Dogs



Ulyxes Quinta do Espinal at Adephagia
Owned by Jas N Jules, handled by Sarah McWade

Estrela.e Das Terras D'Cister

Owned by Luis Ramos & Fatima Costa

Tuga Das Terras D' Cister



Menna Owned By Marcia Dovey

Crufts 2014

Crufts Picnic!



Crufts 2014

Other Results

Veteran - Dog Entries: 2 Abs: 0	1st CLERAFORA MONTEMURO OF BELEZAOCAC (MRS P CHISHOLM)
Special Junior - Dog Entries: 3 Abs: 0	1st TUGA DAS TERRAS D'CISTER (MR L RAMOS) 2nd ULYXES DA QUINTA DO ESPINHAL D'ADEPHAGIA (IMP PRT) (MISS J & MR J PINE & FRATER) 3rd ESSANELLE RIOJA (MRS L V GODDERIDGE)
Post Graduate - Dog Entries: 2 Abs: 0	1st MILAGRE BRING ME SUNSHINE (MRS L NAGLE) 2nd ESSANELLE UTTER NUTTER (MRS L V GODDERIDGE)
Open - Dog Entries: 2 Abs: 0	1st IR/INT CH ASTEREL SABUGEIRO OF BAMCWT EJW11 (MISS L J & MRS S A BERMINGHAM & KENDRICK) 2nd ASTEREL BRONSON (MRS C OGBORN)
Good Citizen Dog Scheme - Dog Entries: 2 Abs: 0	1st IR/INT CH ASTEREL SABUGEIRO OF BAMCWT EJW11 (MISS L J & MRS S A BERMINGHAM & KENDRICK) 2nd MILAGRE BRING ME SUNSHINE (MRS L NAGLE)
Veteran - Bitch Entries: 1 Abs: 0	1st DUTCH/BEL/DK/INT CH KARABAS LIKANDE LAMENNA LETTA AT STURTMOR SHCM (IMP NL) (MRS M M DOVEY)
Special Junior - Bitch Entries: 4 Abs: 1	1st SACERDOTISA DAS TERRAS D'CISTER OF DRIMBEA (IMP PRT) (MS N MARSHALL) 2nd ESSANELLE MOUNTAIN JADE (MRS M J BAKER) 3rd ESSANELLE SUMMER SKY (MRS L V GODDERIDGE)
Post Graduate - Bitch Entries: 4 Abs: 0	1st ESTRELA E TERRAS D'CISTER (MR L RAMOS) 2nd MILAGRE GOT A FEELING (MS S & MR A MCKINLAY & JOHNSON) 3rd ASTEREL LOVE ON THE ROCKS (MRS L V GODDERIDGE) Res ESSANELLE MAD AS A HATTER AT BELEZAOCAC (MRS P CHISHOLM)
Open - Bitch Entries: 2 Abs: 0	1st INT/IR CH HAIA DA CASA DE LOAS EM BAMCWT (IMP PORT) AN CH '13 (MISS L J & MRS S A BERMINGHAM & KENDRICK) 2nd ASTEREL CRACKLIN ROSE (MRS C OGBORN)
Good Citizen Dog Scheme - Bitch Entries: 1 Abs: 0	1st ASTEREL MAMMA MIA OF BAMCWT EJW09 (MISS L J & MRS S A BERMINGHAM & KENDRICK)

How to get involved

Present Committee Members March 2014

President: Carla Molinari (Portugal)

Chairman: Heather Jeremiah

Treasurer: Eddie Mateus

Secretary: Marcia Dovey

Committee:

Sylvia Cox

Hugh Cox

Jason Frater

Julie Pine

Sandra Mateus

Jen Rankin

Other positions:

Rescue & Health Co-ordinator: Heather Jeremiah

heatherjeremiah@hotmail.co.uk

Newsletter : Sandra Mateus

sandradmateus@hotmail.com

Club Shop: Marcia Dovey

The club relies on input from its members. Stories, photos, and articles which you think others may find interesting can be emailed to the Secretary,

Mrs Marcia Dovey

50 Beech Grove

Oakdale

Gwent

NP12 ONB

Tel: 07807 274709 (Mobile)

Email: sturtmoor@sky.com

Please contact any member of the committee should you want to be more involved with the club. Any help gratefully accepted

Invitation To



AGM

18th May 2014

Bearley Village Hall

Bearley

Stratford-Upon-Avon

CV37 0SB

1100 AGM

1200 noon Arrive for Celebrations 40 years of Estrelas in the UK

1300 Lunch (Members will be required to say if participating in BBQ)

1400 pm Fun & Games

1630 Finish

Everyone is welcome to the lunch & Celebration 40, other breeds of dogs also welcome. You **do not** need to be a member to attend.

A special Portuguese food event and BBQ will be on offer.

All proceeds from this will be put into Club funds.

Also a limited number of cards and small items featuring cross stitch designs depicting a series of scenes of dog and shepherd will be sold and ALL proceeds will be donated to EMDC Rescue. Designs and items can be seen on the EMDC Facebook page or by sending an email to sandradmateus@hotmail.com

Do Not Forget About The Estrela Shop

NEW ITEMS IN STOCK READY FOR THE 18TH MAY

When you have a dog, it's lovely to receive items for birthdays and Christmas that relate to your dog.

Why not have a look at what the Estrela Club shop has to offer.

Details from Marcia Dovey.

Monthly Estrela Draw - Winners Since Last Newsletter

Date	Number	Winners' Name
25/1/14	11	Kaivan Kinsey
22/2/14	33	Ian Jeremiah
29/3/14		

More of this on

<https://www.facebook.com/OffTheLeashDailyDogCartoons>

or

<http://rupertfawcettsdoggyblog.tumblr.com/>



WANTED PHOTOS!!!!

We would love to receive pictures of all sorts, Puppies, Veterans, and a Remembrance page for those we've loved and lost

Doggy Recipes

Peanut Butter Biscuits

Servings: varies

Prep Time: 15 min

Ingredients

3/4 cup nonfat Milk

1 Egg

1 cup Peanut Butter, smooth

2 1/4 to 2 1/2 cups Whole Wheat
Flour

1 tablespoon Baking Powder



Cook Time: 40 min

Difficulty: *Easy*

Directions

PreHeat – 325°

In a large mixing bowl, whisk together the milk, egg and peanut butter. Add in the flour and baking powder to make a very stiff dough, using your hands to work in the last of the flour if necessary. (Paula's note: as a general rule, most homemade dog biscuits do well with 1 part liquid to 3 parts dry. You can customize the recipe by adding and subtracting ingredients your dog likes.)

Flour a work surface and roll out dough to a 1/4" thickness. Cut into desired sizes depending on the size of your dog. Bake on a parchment lined baking tray for approximately 20 minutes. Turn biscuits over and bake for an additional 15 minutes. Remove from oven and allow to cool completely before storing in an airtight container. Bodeen's Dog Biscuits can also be stored in the freezer for up to 3 months.

Liver Lickers

Ingredients

Original recipe makes 18 dog treats

- 3/4 cup wheat germ
- 3/4 cup nonfat dry milk powder
- 1 egg
- 1 tablespoon brewers' yeast
- 1 (3.5 ounce) jar pureed liver baby food
- 1/4 cup water, or as needed



1. Preheat the oven to 350 degrees F (175 degrees C).
2. In a medium bowl, stir together the wheat germ, milk powder, egg, yeast and liver baby food. Add water if necessary to make a workable dough. Drop by teaspoonfuls onto a greased cookie sheet
3. Bake for 20 minutes in the preheated oven. Remove from cookie sheet to cool on wire racks. Store in an airtight container in the refrigerator.

<http://allrecipes.com/Recipe/Liver-Lickers-Dog-Treats/Detail.aspx?evt19=1>

Gluten Free Dog Treats

This gluten free dog treat recipe is dead easy to make and from start to finish it can be done within an hour with little mess and the great thing is you can add your dog's favourite food to flavour it! Just note that potato flour can be quite hard to source from your local supermarket but most health shops sell it and it's easy to buy online.



Ingredients:

- 2 mugs of potato flour
- 2 tablespoons of olive oil
- 1 tablespoon of honey
- Water to mix
- Flavouring. We're using apple and cheese but you can use whatever your dog likes e.g. chopped liver, pre cooked mince, fruit, cheese etc.

Add 2 mugs of potato flour into a bowl

Add 2 tablespoons of olive oil and 1 tablespoon of honey

Mix into a crumble like mixture!

We're adding a handful of grated cheese...

And a grated apple (no seeds)

Add some water and make into dough

Roll out like a thin sausage and slice

Place on baking tray and put in oven at 180°C. Cooking times vary for ingredients and size of biscuits but these biscuits will cook for 30 mins.

<http://www.bdws.co.uk/2013/10/13/gluten-free-dog-treats/>

Health

Quick Reference Guide For GDV BLOAT			Vet's Emergency Telephone Number...	
	What Is Happening	What The Dog Does	What You Should Do	Treatment
Stress ►►►► Excitement ►►►► Vigorous Exercise ►►►► Large Meals ►►►► Long Drink ►►►► Swallowed Air ►►►► Familial Tendency ►►►►	Stomach function is normal. Gas accumulates in the stomach but the stomach does not empty as it should.	Dog behaves as usual. Seems slightly uncomfortable.	Keep the dog quiet; Do not leave the dog alone; Give Antacid if your vet agrees. Be aware of Phase I symptoms.	During this period the dog may recover without going on to develop Gastric Volvulus.
PHASE I GDV	Stomach starts to dilate. (Gastric Dilatation) Stomach twists. (Gastric Volvulus)	Anxious, restless, pacing; Trying to vomit-may bring up stiff white foam but no food; Salivating; Abdomen may be swollen.	Call your vet, tell him what you suspect and why. Take the dog to the vet without further delay.	During this period the dog may recover if your vet releases the pressure with a stomach tube.
PHASE II GDV	Blood supply to part of stomach is cut off. Stomach tissue is damaged. Portal vein, vena cava and splenic vein become compressed and twisted. Spleen becomes engorged. Shock begins to develop	Very restless; whining & panting; Salivating copiously; Tries to vomit every 2-3 min; Stands with legs apart & head hanging down; Abdomen swollen & sounds hollow if tapped; Gums dark red; Heart rate 80-100 beats/min; Temperature raised (104°F)	Get someone to tell your vet you are on your way and why. Take the dog to the vet as quickly as possible.	During this period the vet will need to relieve the stomach pressure, start an intravenous drip and perform surgery to untwist the stomach.
PHASE III GDV	Spleen and stomach tissue become Necrotic. Shock now very severe. Heart failure develops. Shock now irreversible. Death	Unable to stand or stands shakily with legs apart; Abdomen very swollen; Breathing shallow; Gums white or blue; Heart rate over 100 beats/minute; Pulse very weak; Temperature drops (98°F)	Death is imminent. Get someone to tell your vet you are on your way and why. Take the dog to the vet as quickly as possible.	As well as doing everything above, the vet will need to remove part of the stomach and the spleen. He will also need to use powerful drugs to counteract shock. It is no longer possible to save the dog's life.

Useful Websites

Foods Toxic to dogs

http://www.dogstrust.org.uk/az/p/poisonoussubstances/#.Uy6kHc7t_5M

Dog diseases

<http://www.petmd.com/dog/conditions>

Puppy And Dog Health

<http://www.pdsa.org.uk/pet-health-advice/puppies-and-dogs>